

CHABLAIS LEMAN SPORT ORGANISATION

RULES FOR "GRAVEL" EVENTS 2023

Article 1 – Organisation

The GRAVEL cyclosportive events of Chablais Léman Sport Organisation (association law 1901) are organized under the aegis of the French Cycling Federation.

Article 2 – Conditions of participation

providing a parental authorization on the day of the event. A blank parental consent form is available on the event website.

According to the conditions of the FFC, to validate their registration, participants will have to provide a medical certificate or a copy of their license.

- The FFC, UFOLEP, FSGT, FF Handisport & FFTri licensees will have to provide the photocopy (perfectly legible) of their license for the year of the event.

- The FFCT, FFC Pass'Loisirs, Service, Encadrement, Arbitre licensees will have to provide the photocopy of a medical certificate indicating the non contraindication to the practice of cycling in competition dating less than 1 year the day of the race. The certificate must be perfectly legible, dated and signed by the doctor with his stamp.

- The foreign participants, licensed or not, will have to provide a medical certificate indicating the not contraindication to the practice of cycling in competition dating less than 1 year the day of the race. The certificate must be perfectly legible, dated and signed by the doctor with his stamp. The document must be in French only (or original + 1 translated version in French).

A [blank model of medical certificate](#) can be found online on the event's website.

Without a valid license or medical certificate, the withdrawal of the number will be refused. No release of responsibility will be accepted :

To participate in the event, every participant recognizes :

- To have taken knowledge of the present rules and to accept the clauses in their entirety

- Have become aware of the risks associated with cycling, such as individual or collective falls
- Have acquired a cycling level in adequacy with the chosen course and be fully aware of its difficulty
- Know how to manage the realities of riding on rough courses and in weather conditions that may be difficult (rain, cold...)
- Show respect for participants and private property that the route may cross
- To give assistance and help to any participant in difficulty
- Respect the mandatory equipment (article 4)

Participants compete as individuals. The organizer reserves the right to limit the number of participants without notice.

Article 3 – Route & Timetable

Article 3a – Course

The timetable for each route and details of the itinerary can be found on the website, page "ROUTE". The route is defined subject to the prefectural authorization and can be modified by the organizer at any time.

Participants will be called to the starting line 15 minutes before the start of the race for a reminder of the instructions. It is the responsibility of each participant to be present in time for the registration, the briefing, and the start of the event.

A "dummy" / "neutralized" start may be set up for each course in order to give the real start, launched, when all safety conditions are met.

The roads will be open to traffic, the runners must scrupulously respect the highway code, drive on the right side of the road and adapt their speed. The organization reserves the right to exclude any participant who does not respect the rules of the road.

Article 3b – Delays Technical or physical failure

Time barriers will be set up for each course. They can be found on the page " PRACTICAL INFORMATION " / section " FAQ " of the event website.

Outside the time barriers, the broom wagon will note the number of the runners and will overtake them. The participants will then be in real traffic conditions (absence of flagmen).

The organization recommends that cyclists who are no longer able to move forward (broken equipment, flat tire, fall not requiring immediate repatriation, physical failure ...) to wait for the broom wagon (mini bus with trailer for bikes) or to go to a refreshment point to be repatriated at the end of the event by a member of the organization. The organizer will not be able to repatriate a participant individually (except in case of immediate necessity). In case of extreme emergency, an emergency number is available to each participant on his individual number.

Article 3c - Showers & Meals :

The exact location of the toilets and showers* (separate for men and women) as well as the catering area can be found on the "PRACTICAL INFORMATION" page / "FAQ" section of the event's website.

**Due to COVID-19 and current FFC regulations, benefits may not be maintained.*

Each participant will receive, at the time of the withdrawal of his number, his individual ticket for the meal. Additional tickets can be purchased at the refreshment stand located in the race village.

Article 4 - Required equipment

Les compétiteurs sont seuls responsables de la conformité aux normes en vigueur, du matériel qu'ils utilisent ainsi que de leur entretien.

Article 4a - Traditional bike

The organizer recommends the use of a gravel or CX bike.

Unicycles, time trial bicycles, fixed gear bicycles, folding bicycles, bicycles with stick wheels and/or lenticular wheels, extenders are not allowed.

Mountain bikes and other bicycles mentioned below are allowed but must be positioned at the back of the peloton

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on the start line. Their start may be delayed by a few minutes depending on the number of participants at the start.

Electric bikes are only allowed on the touring and/or short course format (without classification but with the maintenance of all the other services). The use of an e-bike must be mentioned at the time of registration (choice of bike).

Recumbent bikes are allowed on all courses. The use of recumbent bikes must be mentioned at the time of registration (choice of bike). For obvious reasons of safety and visibility, they will have to be positioned at the extreme back or front of the peloton at the starting line. The bike must be equipped in such a way as to be visible within a cyclist's field of vision.

Tandems are allowed on all courses. Their use must be mentioned at the time of registration (choice of bike). Tandem" participants can register at the normal participation rate. They will then only benefit from the runner's pack (jersey, meal, goodies...) of a participant. To benefit from two runner packs, they will have to add a "tandem" option to their basket. This option will be charged.

Article 4b - Handisport

Depending on the number of participants, a "handisport" category will be set up for each course. The participants competing in this category will have to mention it at the time of their registration (check box). *For obvious reasons of safety and visibility, they will nevertheless have to position themselves at the extreme back or front of the pack when the starting line is set up. The bike must be equipped in such a way as to be visible in a cyclist's field of vision.*

Article 4c - Équipement du cycliste

Each participant must present himself at the start with the cycling and sports equipment listed below.

It is recommended to wear the equipment listed below during the entire event, including the false start:

- It is mandatory to wear a CE approved hard shell helmet with the chin strap fastened during the entire event. Participants lose the benefit of insurance coverage if they do not wear a helmet. If the helmet is not worn at the start, the competitor

will not be able to take the start of the event (withdrawal of the number). If the helmet is missing during the race, the competitor may be excluded.

- The GPX track on the participant's on-board computer (counter). Recommended.

- A bicycle pump, a spare inner tube or a puncture-proof spray, if the bicycle is not equipped with tubeless. Recommended.

- A pair of gloves. Recommended.

- Filled water bottles for the cyclist's hydration. Mandatory

- A fully charged, GPS-enabled, turned-on cell phone with registered emergency numbers. Recommended.

If the recommended equipment is not worn, the organization cannot be held responsible for any incidents and their consequences.

Competitors are responsible for the proper functioning and monitoring of their equipment.

A locker system and a bike park will be installed. Participants acknowledge the non-responsibility of the organizers for the surveillance of goods or personal objects in case of theft or loss. Objects, accessories or bicycles handed over to third parties during the event (member of the organization or not) will be under the entire responsibility of the depositing participant.

Article 4d – Jersey of the event

For each event, the organizer offers a jersey to a defined number of participants. This number can be found on the page "PRACTICAL INFORMATION" of the event website. The jerseys will be given in chronological order of registration. The wearing of the race jersey offered to each participant is mandatory. Participants not wearing the jersey may be refused access to the starting gate and will be excluded from the race raffle* (specific rules for the draw available on the "PRACTICAL INFORMATION" page of the event website).

*Participants registered after the total number of jerseys offered by the organization has been allocated will not be

excluded from the raffle draw. The cost of registration remains the same as for those who have received a jersey.

Participants will choose the size of the jersey when they register online. No fittings or exchanges will be made at the time of registration.

Article 5 – Registration / Rates

Registrations are made exclusively by digital means. The opening date of the registration (winter) is to be found on the website of the event. Registrations are open until 30 minutes before the start of the event (D-Day, on site). However, the organizer reserves the right to close registrations at any time. An announcement, at the latest 15 days before, will be made on the website of the event and its social networks.

To validate his online registration, the participant must accurately fill in all the mandatory fields of the form, commit to provide a real and active e-mail address, of which he is actually the exclusive owner. The organizer is the sole decision maker of the selected participants and no dispute will be admissible.

All entries are firm and final. It is forbidden to give or resell your race number.

With the exception of a medical impossibility justified by a certificate dating no later than the day of the event, a justified force majeure, or an exceptional condition (article 10) no refund will be made by the organizer.

The prices and the list of services included with it are to be found on the page " PRACTICAL INFORMATION " of the website of the event. An extra 10€ will be added to the price for participants who register less than 60 days before the event.

Article 6- Bibs

Race numbers can be picked up in the race village. Exact address and times to be found on the page "PRACTICAL INFORMATION" of the event website.

You will have to bring the confirmation of your registration (QR CODE) as well as your ID or license. The timing chips will be to fixed to the front of the bike. People who have not validated their registration (medical certificate / license / incomplete file) will have to present the supporting documents at the permanence.

The race numbers will be allocated in the order of receipt of the registration forms.

The organizer reserves the right to issue priority numbers (SAS in the first line). A justified request of a sporting nature can be addressed to chablaislemansportorganisation@gmail.com

The request must be made at least 7 days before the date of the event.

Article 7- Categories, awards and prize money

The categories rewarded as well as the time of the prize-giving to be found on the page " PRACTICAL INFORMATION " of the website of the event and announced by the announcer on the day of the event.

The awards ceremony will take place on the day of the event. The prizes are distributed by the partners to the winners. No prize can be exchanged, reimbursed or sent back. No awards will be made in cash.

The handisport category will also be the subject of a reward according to the entries (article 4b).

An exceptional raffle for all participants will take place after the prize-giving. The prizes will be given exclusively to those present and having worn the jersey offered during the event (article 4d).

Drawing subject to a specific regulation. Prizes and rules to be consulted on the page "PRACTICAL INFORMATION" of the event's website.

Article 8- Special points during the test

8a - Follow-up cars

The following cars are forbidden.

A broom wagon will circulate at the end of the event (for each course) and will be able to ensure the repatriation of the competitors, victims of major mechanical incidents. Each competitor must be autonomous and must leave with a minimum repair kit (Article 4c).

8b - Refreshments

Several refreshment points are organized on the course. They will be indicated on the maps and course profiles and reminded to the participants at the start of the event. Competitors may be supplied by their companions at other points on the course provided that the supply is made by a pedestrian, on the right side of the road, and that it does not

affect the safety of the event and other participants. Refuelling a participant from a moving vehicle is forbidden and will result in the immediate disqualification of the participant.

8b - Eco-responsible behaviour

You will cross beautiful landscapes, and, as in any place, it is strictly forbidden to throw away your waste (cans, papers, energy bars, plastics etc.).

At each feeding station, as well as at the start and finish, you will have selective waste bins. The organization reserves the right to exclude on the spot participants who throw their waste on the side of the road and do not respect these instructions. The people excluded from the race will also be withdrawn from the draw.

8c - « Fair Play" behaviour

Competitors not respecting the sporting and "fair play" spirit of the event, caught in a fraudulent situation (lock not respected, early start, route not respected, use or assistance of vehicles, etc), or having an irresponsible or even dangerous behavior or practice (holding disrespectful or insulting words, incivility, use of doping products, throwing of objects, documents or waste, dangerous driving, infringement of the highway code, etc) will be sanctioned according to the case: time penalty, downgrading, exclusion from the event or even a ban from participating in other events organized by Chablais Léman Sport Organisation.

Article 9 - Insurance

Civil liability: the organizers have taken out a contract that covers their civil liability as well as that of the participants involved. It only takes effect on the official itinerary and for the duration of the event, for participants who are regularly registered, checked at the start, on the course and until the finish.

Individual accident : It is up to the participants to insure themselves at the time of their registration. The insurance of the organizer covers only the physical damage of the participant on the duration and the route of the event. Depending on their membership to the Federation, the licensees can benefit from a specific coverage.

Damage and material liability: neither the organizer nor his insurer cover damage to participants' equipment, particularly in the event of a fall or theft.

Article 10- Exceptional conditions and cancellation

If the circumstances require it, the organizer reserves the right to modify at any time the General Conditions of Sale (course, departure times, Rules of the event and any other organizational point related to the good progress of the event...).

In case of force majeure independent of its will, too unfavorable weather conditions, pandemics or any other circumstance endangering the safety of the competitors, the organization reserves the right:

- **To modify/defer the start time by a maximum of a few hours**
- **To shorten or neutralize the event**
- **To stop the event**
- **To cancel the event**

In the event of a change, the organizer will endeavor to notify all registered participants by e-mail, to the address they have provided on the registration form. Any major modification made shall apply immediately after being notified, by any means, including the publication of the revised version hereof on the event website.

If the event is cancelled due to force majeure or by prefectural decision for a reason beyond the control of the organizer, the organization is relieved of any recourse by the entrants*. The organizer reserves the right to inform the participant of the conditions for postponing the registration. The announcement will be made electronically at the address communicated by the participant, on the website of the event, or on the day of the event, by microphone, display on the reception and registration points.

*In case of cancellation for COVID-19, the organizer will propose conditions of postponement and refund.

Article 11- Image rights

By registering, the participant authorizes the organizer, its partners, the media to use the photos on which he could appear during the day of the event.

The use of these images will not in any case infringe the privacy or reputation of the participant.

Article 12 - Personal data

Participants are informed that the personal data collected is subject to computer processing intended exclusively to allow the communication of information exclusively related to the event by the organizer. Chablais Léman Sport Organisation, responsible for this processing, undertakes not to communicate to third parties the personal data collected in this way.

In accordance with Order No. 2018-1125 of December 12, 2018 taken in application of Article 32 of Law No. 2018-493 of June 20, 2018 relating to the protection of personal data and amending Law No. 78-17 of January 6, 1978 relating to data processing, files and freedoms and various provisions concerning the protection of personal data, each participant has a right of access, rectification and opposition to the processing of data concerning him or her by proving his or her identity to the Organizer, by sending a letter to: Mr. President Sébastien MEDAN, Chemin de la Forêt, 74200 Thonon-les-Bains.

The present authorization is valid for the duration of the copyright from the date of participation in the event.

Article 13 - Antidoping

The events organized by Chablais Léman Sport Organisation are under the aegis of the FFC. Thus, anti-doping controls may take place on the day of the event.

Article 14 - Validation of the regulation

The registration to the event implies the knowledge and the acceptance without reserve of the entirety of the present rules (14 articles) as well as of the ethics of the event and of all the instructions that the organizer addresses to the participants