

| Kilomètres                        |             | Routes                 |   | GRAND PARCOURS 2022           |  | HORAIRES     |              |              |              |
|-----------------------------------|-------------|------------------------|---|-------------------------------|--|--------------|--------------|--------------|--------------|
| A parcourir                       | Parcours    |                        |   | THONON-LES-BAINS CYCLING RACE |  | 35 km/h      | 30km/h       | 25 km/h      | 20 km/h      |
| <b>France - HAUTE-SAVOIE (74)</b> |             |                        |   |                               |  | 35           | 30           | 25           | 20           |
| <b>130</b>                        | <b>0</b>    | <b>Av. de Ripaille</b> |   |                               | <b>Thonon-les-Bains - Quai de Ripaille - DEPART REEL</b>         | <b>8:30</b>  | <b>8:30</b>  | <b>8:30</b>  | <b>8:30</b>  |
| 128,6                             | 1,4         | Route d'Evian          | ← |                               | Carrefour Avenue de Thuyset / Route d'Evian                      | 8:32         | 8:32         | 8:33         | 8:34         |
| 128,4                             | 1,6         | Route de Vongy         | → |                               | Carrefour Route d'Evian / Route de Vongy                         | 8:32         | 8:33         | 8:33         | 8:34         |
| 128,4                             | 1,6         |                        |   |                               | <b>Vongy</b>   | 8:32         | 8:33         | 8:33         | 8:34         |
| 126,6                             | 3,4         | D26                    | ↻ |                               | Rond Point D902 / D26 / Route de Tully                           | 8:35         | 8:36         | 8:38         | 8:40         |
| <b>121</b>                        | <b>9</b>    |                        |   |                               | <b>Armoiy</b>  | <b>8:45</b>  | <b>8:48</b>  | <b>8:51</b>  | <b>8:57</b>  |
| 120,6                             | 9,4         | D35                    | → |                               | Carrefour D26 / D35  | 8:46         | 8:48         | 8:52         | 8:58         |
| 119,7                             | 10,3        |                        |   |                               | <b>Le Lyaud</b>  | 8:47         | 8:50         | 8:54         | 9:00         |
| 115,7                             | 14,3        |                        |   |                               | <b>Orcier</b>  | 8:54         | 8:58         | 9:04         | 9:12         |
| 114,5                             | 15,5        | D12                    | ← |                               | Carrefour D35 / D12 Maugny                                       | 8:56         | 9:01         | 9:07         | 9:16         |
| <b>105,5</b>                      | <b>24,5</b> |                        |   |                               | <b>Col de Cou</b>  | <b>9:12</b>  | <b>9:19</b>  | <b>9:28</b>  | <b>9:43</b>  |
| 101,6                             | 28,4        |                        |   |                               | <b>Habère-Poche - Ravitaillement</b>                             | 9:18         | 9:26         | 9:38         | 9:55         |
| 101,5                             | 28,5        |                        |   |                               | Carrefour D12/D22  | 9:18         | 9:27         | 9:38         | 9:55         |
| <b>98,8</b>                       | <b>31,2</b> | <b>D22</b>             |   |                               | <b>Col de Terramont</b>  | <b>9:23</b>  | <b>9:32</b>  | <b>9:44</b>  | <b>10:03</b> |
| 93,5                              | 36,5        |                        |   |                               | <b>Lullin</b>  | <b>9:32</b>  | <b>9:43</b>  | <b>9:57</b>  | <b>10:19</b> |
| 91,4                              | 38,6        | D26                    | → |                               | Carrefour D22 / D26  | 9:36         | 9:47         | 10:02        | 10:25        |
| 91,4                              | 38,6        |                        |   |                               | <b>Vailly</b>  | <b>9:36</b>  | <b>9:47</b>  | <b>10:02</b> | <b>10:25</b> |
| 86,4                              | 43,6        |                        |   |                               | <b>Bellevaux</b>   | <b>9:44</b>  | <b>9:57</b>  | <b>10:14</b> | <b>10:40</b> |
| <b>83,3</b>                       | <b>46,7</b> |                        |   |                               | <b>Col de Jambaz</b>   | <b>9:50</b>  | <b>10:03</b> | <b>10:22</b> | <b>10:50</b> |
| 83,2                              | 46,8        | D26                    | ← |                               | Carrefour D26 / D32  | 9:50         | 10:03        | 10:22        | 10:50        |
| <b>79</b>                         | <b>51</b>   |                        |   |                               | <b>Mégevette</b>   | <b>9:57</b>  | <b>10:12</b> | <b>10:32</b> | <b>11:03</b> |
| 79                                | 51          | D226                   | ← |                               | Carrefour D26 / D226   | 9:57         | 10:12        | 10:32        | 11:03        |
| <b>68,7</b>                       | <b>61,3</b> |                        |   |                               | <b>Mieussy</b>   | <b>10:15</b> | <b>10:32</b> | <b>10:57</b> | <b>11:33</b> |
| 68,6                              | 61,4        | D907                   | → |                               | Carrefour D226 / D907  | 10:15        | 10:32        | 10:57        | 11:34        |
| 64,8                              | 65,2        | D907                   | ↻ |                               | Rond Point D907 / D26  | 10:21        | 10:40        | 11:06        | 11:45        |
| 64,7                              | 65,3        | D907A                  | → |                               | Rond Point D907 / D907A  | 10:21        | 10:40        | 11:06        | 11:45        |
| <b>63,7</b>                       | <b>66,3</b> |                        |   |                               | <b>Saint Jeoire</b>  | <b>10:23</b> | <b>10:42</b> | <b>11:09</b> | <b>11:48</b> |
| 63,7                              | 66,3        | D26                    | → |                               | Carrefour D907A / D26  | 10:23        | 10:42        | 11:09        | 11:48        |
| <b>59</b>                         | <b>71</b>   |                        |   |                               | <b>Onnion</b>  | <b>10:31</b> | <b>10:52</b> | <b>11:20</b> | <b>12:03</b> |
| 58,8                              | 71,2        | D190B                  | ← |                               | Carrefour D26 / D190B  | 10:32        | 10:52        | 11:20        | 12:03        |
| <b>53,7</b>                       | <b>76,3</b> |                        |   |                               | <b>Col de Plaine Joux</b>  | <b>10:40</b> | <b>11:02</b> | <b>11:33</b> | <b>12:18</b> |
| <b>47</b>                         | <b>83</b>   |                        |   |                               | <b>Bogève</b>  | <b>10:52</b> | <b>11:16</b> | <b>11:49</b> | <b>12:39</b> |
| 46,8                              | 83,2        | D12                    | → |                               | Carrefour D190B / D12  | 10:52        | 11:16        | 11:49        | 12:39        |
| 46,7                              | 83,3        |                        |   |                               | Carrefour D12 / D190   | 10:52        | 11:16        | 11:49        | 12:39        |
| 43,1                              | 86,9        | Route des Verdets      | → |                               | Carrefour D190/ Route des Verdets                                | 10:58        | 11:23        | 11:58        | 12:50        |
| <b>41,9</b>                       | <b>88,1</b> |                        |   |                               | <b>Col de Ludran</b>   | <b>11:01</b> | <b>11:26</b> | <b>12:01</b> | <b>12:54</b> |
|                                   | 90,8        | D220A                  | → |                               | Carrefour Route des Verdets / D220A                              | 11:05        | 11:31        | 12:07        | 13:02        |
| 37,6                              | 92,4        |                        |   |                               | <b>Boège - Ravitaillement</b>                                    | <b>11:08</b> | <b>11:34</b> | <b>12:11</b> | <b>13:07</b> |
| 37,4                              | 92,6        | D22                    | ← |                               | Carrefour D220A / D22  | 11:08        | 11:35        | 12:12        | 13:07        |
|                                   | 92,9        | D20                    | ↻ |                               | Carrefour D22 / D20  | 11:09        | 11:35        | 12:12        | 13:08        |
| <b>32,2</b>                       | <b>97,8</b> |                        |   |                               | <b>Col de Saxel</b>  | <b>11:17</b> | <b>11:45</b> | <b>12:24</b> | <b>13:23</b> |
|                                   | 104         | Route de Gros Perrier  | → |                               | Carrefour D20 / Route de Gros Perrier                            | 11:28        | 11:58        | 12:39        | 13:42        |
| 24,6                              | 105,4       | D35                    | → |                               | Carrefour Route de Gros Perrier / D35                            | 11:30        | 12:00        | 12:42        | 13:46        |
| 24,6                              | 105,4       |                        |   |                               | <b>Bons-en-Chablais</b>  | 11:30        | 12:00        | 12:42        | 13:46        |
|                                   | 107,5       |                        |   |                               | <b>Fessy</b>   | 11:34        | 12:05        | 12:48        | 13:52        |
|                                   | 110,2       |                        |   |                               | <b>Cervens</b>   | 11:38        | 12:10        | 12:54        | 14:00        |
| 15,8                              | 114,2       | D12                    | ← |                               | Carrefour D12/ Route du Prieuré                                  | 11:45        | 12:18        | 13:04        | 14:12        |
| 15,2                              | 114,8       | D35                    | → |                               | Carrefour D12 / D35  | 11:46        | 12:19        | 13:05        | 14:14        |
| 14                                | 116         |                        |   |                               | <b>Orcier</b>  | 11:48        | 12:22        | 13:08        | 14:18        |
| 9,8                               | 120,2       |                        |   |                               | <b>Lyaud</b>   | 11:56        | 12:30        | 13:18        | 14:30        |
| 8                                 | 122         |                        |   |                               | Carrefour D35 / D26  | 11:59        | 12:34        | 13:22        | 14:36        |
| 8                                 | 122         |                        |   |                               | <b>Armoiy</b>  | 11:59        | 12:34        | 13:22        | 14:36        |
| 6                                 | 124         | Route de Tully         | ↻ |                               | Rond Point D902 / D26 / Route de Tully                           | 12:02        | 12:38        | 13:27        | 14:42        |
| 1,2                               | 128,8       |                        |   |                               | <b>Vongy</b>   | 12:10        | 12:47        | 13:39        | 14:56        |
| 1,2                               | 128,8       | Route d'Evian          | ← |                               | Carrefour Route d'Evian / Route de Vongy                         | 12:10        | 12:47        | 13:39        | 14:56        |
| 1                                 | 129         | Avenue de Ripaille     | → |                               | Carrefour Avenue de Thuyset / Route d'Evian / Avenue de Ripaille | 12:11        | 12:48        | 13:39        | 14:57        |
| <b>0</b>                          | <b>130</b>  |                        |   |                               | <b>Quai de Ripaille - Thonon-les-Bains - ARRIVEE</b>             | <b>12:12</b> | <b>12:50</b> | <b>13:42</b> | <b>15:00</b> |